

# FLEXISPOT.com

## Instruction Manual

Body Fat Scale  
MODEL: BFS2

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### Introduction

#### 1. Display and status indication:



#### 2. Correct standing position:



When standing on the scale, place your bare feet in the areas marked on the diagram above.

NOTE: The scale can not measure your body fat percentage if you are wearing socks or shoes.

#### Product Specifications:

Size: 12.3" x 11.8" x 1"  
Power: 4 AAA standard 1.5V batteries  
Maximum Load Capacity: 400 lbs  
Minimum Load Capacity: 11 lbs  
Product Weight: 4 lbs

#### Device Compatibility:

- Android 4.3 or later versions
- iOS 8.0 or later versions

#### Downloading the AiFit App

The Body Fat Scale can automatically upload your weight and body fat percentage to a user-friendly dashboard in the AiFit app. Download the app via the App Store for iOS users or via Google Play for Android users. You can also scan the QR code to download the app.

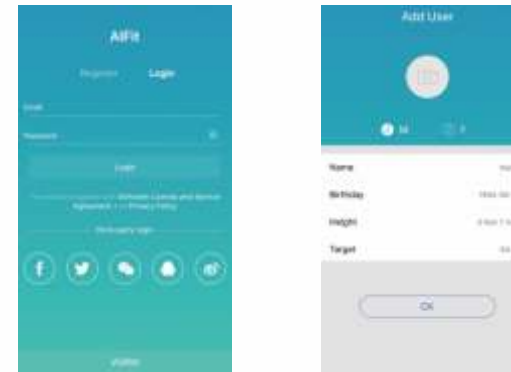
#### Scan to download the AiFit app



#### Setting Up the App

**Step 1:** Make sure your mobile device is connected to bluetooth.

**Step 2:** Open the AiFit app to register and create your profile.



#### NOTE:

You can log in to the app using your email address or your Twitter or Facebook account log in.

**Step 3:** Follow the on-screen prompts to set up your scale preferences and personal profile.



#### Step 5: Recording Your Weight

To set up the scale for the first time, stand with your bare feet on the scale's metal surface (in the areas shown on the Pg. 1 diagram). Make sure your feet are dry and your weight is balanced evenly between both feet. The display screen will flash 3 times before locking in the value. After the 4th flash, your weight will appear on the display screen and the setup will be complete. You can view your weight data in the AiFit app.



#### Display Screen Codes:

"LO" - Indicates low battery power. Please replace the batteries.  
"Err" - Indicates the weight exceeds the maximum load capacity of 400lbs.